**PARENTGYM**

We are delighted to tell you that that after rigorous training, Mrs Nightingale and Mrs Morris are going to start running Parentgym workshops in school.

These workshops are designed to give your child the best start in life, and make life as a parent a bit easier too! The sessions will be fun and interactive, with lots of opportunity to talk about your own experiences, with the added bonus of a cuppa and a biccie!

We have attached a leaflet that tells you a little bit more about Parentgym, and we will be running a 45 minute taster session on Wednesday 23rd May at 9am in Jelly Beans. If you are interested to see what Parentygym is all about, please see Mrs Nightingale or Mrs Morris who will be able to give you more information as well as a magazine.

Yours sincerely,

Mrs Foster

Head Teacher