



Christ Church Academy
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Headteacher: Mrs Philippa Foster

Date: Friday 7th July 2023

Dear parents and carers,

Re: Packed lunches

Whilst we understand that parents may wish to give children a sweet treat as part of their packed lunch, we are concerned that some children are not bringing a healthy balanced lunch.

Recently we have noticed that children are coming to school with large amounts of sweets for lunch – we would prefer these to be restricted to just one item.

We would expect lunch to include a savoury item such as a sandwich or pasta salad, a piece of fruit and one sweet item.

Thank you for your assistance with this.

Yours sincerely,

Mrs. P Foster
Headteacher